

Spa Day

Pictured below are the ladies who participated in our Spa Day. They say that they felt really beautiful and relieved of stress after the activity. They had so much fun and they said they would love to do it again tomorrow!



Partner of The Month:

Partner of the month for March, 2018 is Karry Hampton. She has been a CNA here for several years and is well deserving of this award. She goes above and beyond for our residents and she always has a happy spirit. We'd like to say a big thank you to Karry for all of her hard work and dedication.



You don't need a special reason to give blood, you just need your own reason. Some people give blood out of the kindness of their hearts, knowing that someone, somewhere is in need of it; and others do it because they have simply been asked to by a friend. Whatever the reason is, the need is constant and you'll feel good just knowing that you helped save a life! There are many hidden benefits that come with donating blood. Some of those benefits include, treating those suffering from cancer and bleeding disorders, helping those with chronic anemia associated with cancer, as well as sickle cell anemia, and other hereditary blood abnormalities. Donating blood also has some personal benefits to the donor, such as a reduced risk of cancer and hemochromatosis. Anyone who donates will also get a mini physical, which includes checking the pulse, blood pressure, temperature, and hemoglobin of the donor. If you would like to donate, it is important to have a light meal and plenty to drink before hand. You should also bring a list of active medications and bring your donor card and drivers license or two other forms of identification. We have a sign up sheet in the Activity Department with times that are open. If you would like to make arrangements to donate blood, The American Red Cross will have the Blood Bus set up here at NHC on May 30th starting at 2:00 p.m. and ending at 6:00 p.m. Please RSVP to 1-573-888-1150 and contact anyone in the Activity Department to attend this event because each donation is given at a scheduled time. Remember, one pint of blood can save three lives. Give blood, give life!



American Red Cross

The American Red Cross will have a bus here at NHC on May 30th from 2:00-6:00p.m. If you would like to donate blood, please call 8881150 to contact anyone in the Activity Department for a scheduled appointment time.



NHC's Annual Family Night

Every year National HealthCare hosts a family night in order to bring families together. This year, our family night will be on May 3rd, at 5:30 p.m. If you would like to attend, please RSVP to Brandy McNabb, the front desk receptionist, at 1-573-888-1150.



Recently we have been trying to "go live" more on our center Facebook page to show everyone what's happening here at NHC! This is great way to get updates on your loved ones and see what a great time they are having at our activities. Follow us on Facebook under NHC Kennett.

(VOLUNTEER) SPOTLIGHT Pat Todd

In honor of NHC Volunteer Week, we would like to honor Pat Todd, who is a volunteer here at NHC. She is the daughter of one of the residents that reside here in the facility. Pat is a special person to us for many reasons. Her friendly demeanor and kind spirit are just the icing on the cake. She does behind the scene work that doesn't go unnoticed. She comes to visit her mother often and when she visits her, she also makes a point to visit other residents here in the facility. She makes sure they get special attention. She enjoys attending the activities and sitting at a table with the patients to assist them if they need help. Pat also really likes making wreathes for the doors of the residents who want one. She spends a lot of time on these wreathes to make them personalized to each patient. And they love them! We notice what she does and how much she means to the patients. This is why we are honoring her by putting her in the "Spotlight." We love Mrs. Pat and are so honored to have her as a volunteer here at National HealthCare.



